

31<sup>ST</sup> ANNUAL

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JULY 25 - 30, 2004

NORTHERN KENTUCKY UNIVERSITY  
HIGHLAND HEIGHTS, KENTUCKY

## **Travel Directions NKY Highland Heights Campus**

When traveling north or south on Interstate 75 or when traveling from the Northern Kentucky/Greater Cincinnati International Airport to NKU, take Interstate 275 East, and exit at EXIT 76 (eastbound traffic only) Labeled “Three Mile Road, Northern Kentucky Kentucky”.

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Turn right onto Three Mile Road. You will pass Campbell Drive (first road on your right) then Kenton Drive (second road on your right). Go straight through traffic light (University Drive).

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For westbound traffic off Interstate 275 take EXIT 74A labeled “Alexandria” Exit, which feeds into Interstate 471. Proceed to the traffic light at the intersection of I-471 and U.S. Highway 27. Continue straight and turn right at the next traffic light onto Nunn Drive. Then, make a left turn onto University Drive.

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When traveling south in Interstate 71 or when traveling from downtown Cincinnati, proceed on U.S. Highway 50 east (Columbia Parkway) and exit at EXIT 1J, labeled “I-471 South, Newport Kentucky”. Cross the Ohio River via the Daniel Beard Bridge. Proceed on I-471 to the traffic light at the intersection of I-471 and U.S. Highway 27. Continue straight and turn right at the next traffic light onto Nunn Drive. Then make a left turn onto University Drive.

# **2004 Kentucky School of Alcohol and Other Drug Studies**

## **SPONSORED BY**

Cabinet for Health Services  
Department for Mental Health & Mental Retardation Services  
Division of Substance Abuse  
Prevention Research Institute, Inc.  
Central East Addiction Technology Transfer Center

## **Host**

Northern Kentucky University

## **AGENCY SPONSORS**

Transitions, Inc.  
Rivendell Behavioral Health Services  
Kentucky Certification Board for Prevention Professionals (KCBPP)  
Cincinnati Addiction Research Center (CinARC)  
Kentucky Association of Addiction Professionals (KAAP)  
Pennyroyal

## **Co-SPONSOR**

St. Joseph Behavioral Medicine Network  
Baptist Hospital East  
The Bridge to Recovery

## **ASSOCIATE CONTRIBUTORS**

Kentucky Coalition for Women's Substance Abuse Services  
St. Luke Hospital Alcohol and Drug Programs  
The Healing Place  
Kentucky Council on Problem Gambling  
Kids Helping Kids  
Healthcare Connection

# 2004 KSAODS General Information

**ATTENDANCE** - In order to facilitate the registration process and to insure admittance, preregistration is recommended due to early closure and to ensure the workshop(s) of your choice. Applications will be accepted by mail only. Participants are assigned to workshops on a first come, first serve basis. Conference confirmation will be sent upon receipt of application.

**REGISTRATION** - Begins on Sunday, July 25, 3:00 - 6:30 p.m., University Center Building. All participants, including those preregistered, will need to check in at the registration desk (University Center Building) for name badge, lodging and conference materials. Daily registration will be 8:00 - 9:30 a.m. Monday through Thursday, University Center.

**REGISTRATION FEES** - \$375.00 All Week (\$400.00 after July 7th); \$75.00 Daily (\$90.00 after July 7th); \$15.00 Tuesday Night Banquet - July 27; Credit cards are not accepted.

**CANCELLATION POLICY** - No refunds will be made. Substitution of participant is recommended in lieu of cancellation.

**WORKSHOP DESCRIPTIONS** - pages 12-39

**CERTIFICATE REQUIREMENTS** - Participants will receive various credit/certification hours based upon attendance at plenary sessions (1 hour credit), workshop(s) (5 hours credit for Monday through Thursday and 3 hours credit for Friday) or evening sessions (1-2 hour(s) credit). Credit/certification will be awarded based upon completion of entire session(s)/workshop(s). **No partial credit/certification will be given.** An attendance system will be implemented to record the number of qualified educational hours for each participant. Participants may earn anywhere from 5-34 hours. Certificates of Attendance will be mailed after the school for certification or recertifications. **NOTE: ALL KSAODS FEES MUST BE PAID IN FULL BEFORE CERTIFICATES WILL BE MAILED.**

**COPIES OF CERTIFICATES** - a \$5.00 fee will be assessed to all participants requesting duplicate certificates. Please mail your checks payable to ECU.

**CREDIT** - Applications have been made for various certification, continuing education, nursing contact hours and other professional credit hours to the following organizations: Kentucky, Ohio, Substance Abuse and Professional Counselor Certification; Ohio Counselor & Social Worker Board; Kentucky Board of Psychology, Kentucky Board of Nursing, etc.

**HOUSING** - Please check local hotels/motels for lodging accommodations. For those interested you can contact the Hilton Cincinnati Airport and get the conference rate. You must ask for **The Kentucky School Rate**. Call 1-800-774-1500 or 1-859-371-4400 or you may visit the website at [www.hilton.com](http://www.hilton.com).

**SCHOLARSHIPS** - Limited scholarships are available for Kentucky residents only. Applications are due June 20, 2004. Scholarship covers registration fee only. Registration/Scholarship Form pages 49-50.

**ROBERT STRAUS AWARD NOMINEE FORM** page 47-48.

**PARKING** - No parking is allowed in reserved, handicapped, or faculty lots. Participants will be responsible for any tickets received. The parking garage is available for \$1.00 (each time you enter).

**MEALS** - University Center Cafeteria will be open from 6:30 a.m. - 2:00 p.m. Monday through Thursday.

**SMOKING POLICY** - The Environmental Protection Agency has classified passive tobacco smoke as a Class A carcinogen. This identifies second-hand smoke as a cancer-causing agent. **Smoking is not permitted in the University Center or in any of the classroom buildings.**

**BOOKSTORE** - New World Bookshop will be providing an extensive selection of professional books & educational materials.

**CLOTHING & RECREATION ACTIVITIES** - Bring cool, casual clothing and comfortable shoes. You may wish to bring a sweater/jacket as classrooms are air conditioned. The Wellness Center is available for use at \$2.00 per day.

*The Cabinet for Health Services, Department for Mental Health & Mental Retardation Services does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities an equal opportunity to participate in all programs and activities.*

FOR FURTHER INFORMATION PLEASE

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## **Women for Sobriety Meeting**

***Monday, July 26, 2004***

***7:00 p.m.***

**Hilton Cincinnati Airport Hotel**

“The Women for Sobriety “New Life” Program promotes a positive attitude toward creating a new way of life. It outlines how to live life without the pain of addiction, and offers a pathway toward emotional and spiritual growth for those who practice it. Women for Sobriety is unique in that it is an organization of women for women. Women for Sobriety recognizes a women’s necessity for self-esteem and self-discovery to meet today’s challenges and firmly believes in treating the whole woman and not just her addiction.”

### **Presented by**

Nancy Cross, CM, CCL

Board of Directors, Women for Sobriety, Inc. - Quakertown, PA

Board of Directors, Recovery Resource Center, Inc. - Cincinnati, OH

The presentation will consist of a brief history and outline on the Women for Sobriety Program ( Acceptance Statements/Levels). A WFS group demonstration will illustrate how actual meetings are run. Those in attendance who wish to participate in the WFS meeting “circle” are welcome to do so. A question and answer session will follow this demonstration.

## **SMART Program**

***Monday, July 26, 2004***

***7:00 p.m.***

**University Center 108**

The SMART Program is a cognitive behavioral program based at its core on Rational Emotive Behavioral Therapy but it is eclectic in that it incorporates Motivational Enhancement and others of the Cognitive Behavioral group. We have been recognized now by SAMHSA, NIDA, American Society of Addiction Medicine and other official organizations. We received a grant last year from SAMHSA to produce a video for instruction of the principles of our program.

## **CADC Board to Host Luncheon at 2004 KSAODS**

***Wednesday, July 28***

***12:15 p.m.***

**NKU University Center Ballroom**

All CADC’s and any other interested individuals are invited to attend the annual recognition meeting of the Kentucky CADC Board to be held during the 2004 Kentucky School. A buffet luncheon is scheduled to begin at 12:15 p.m. with a special guest speaker. There will be a question/answer and discussion period following the meal.

Tickets will be \$10.00 per person and will be available at the KSAODS information booth in the NKU University Center or you may reserve a seat now by calling Board Administrator Judy Jennings at (502) 564-3296, ext. 226.

## **LifeRing Secular Recovery Meeting**

*Wednesday, July 28*

*7:00 p.m.*

**University Center 108**

LifeRing Secular Recovery is a national organization founded to help people recover from their addictions to alcohol and other drugs. Our meetings are relatively unstructured discussions focusing on three guiding principles: sobriety, secularity, and self-help. The group will be convened by Jay Stahl, Executive Director of the Recovery Resource Center Inc. For information call Jay at (513) 761-7353.

## **Kentucky Adolescent Substance Abuse Consortium Annual Meeting**

*Thursday, July 29, 2004*

*6:00 - 8:00 p.m.*

**NKU University Center Ballroom**

### **“Adolescent Substance Abuse Treatment in Kentucky”**

This years annual KASAC Meeting will consist of an open forum discussion on current trends in substance abuse treatment for adolescents. Data compiled from the Kentucky Statewide Strategic Plan for Adolescent Substance Abuse will be shared. Anyone with an interest in substance abuse treatment and the needs of adolescence is encouraged to attend. Two contact hours for CADC certification will be provided to all in attendance.

## **“Opt-Out” Initiative Meeting**

*Thursday, July 29, 2004*

*7:00 p.m.*

The “Opt-Out” Initiative is an opportunity for individuals with a history of addiction to focus on self-empowerment. The constructs of independent, permanent sobriety are encouraged. There are no fees and the meetings are lay-led.

# Week At A Glance

Time	July 25 Sunday	July 26 Monday	July 27 Tuesday	July 28 Wednesday	July 29 Thursday	July 30 Friday
7:00 a.m.		<b>12 - STEP MEETINGS UNIVERSITY CENTER LOWER LEVEL FOOD COURT</b>				
8:45 a.m. to 10:00 a.m.		Plenary  "Chronic Pain & Addiction" <i>Rolly Sullivan, M.D.</i>	Plenary  "From Disgrace To Grace: The Miracle Work of the Addiction Professional" <i>Merrill Norton R.Ph., NCACI, CCS</i>	Plenary  "The Treatment Renewal and New Recovery Advocacy Movements" <i>William White</i>	Plenary  "A Look at Appalachian Culture" <i>Al Greene</i>	Breakfast  7:30 - 9:00 a.m.  "The Biology of Change" <i>Jeffery M. Georgi, M. Div., CCAS, LPC</i>
		<b>10:00 - 10:30 AM BREAK UNIVERSITY CENTER CAFETERIA</b>				
		10:30 - 12:15 WORKSHOPS	10:30 - 12:15 WORKSHOPS	10:30 - 12:15 WORKSHOPS	10:30 - 12:15 WORKSHOPS	9:15 a.m. - 12:15 p.m. WORKSHOPS
		<b>12:15 PM - 1:30 PM LUNCH BREAK</b>				
1:30 p.m. to 5:00 p.m.		1:30-5:00 p.m. WORKSHOPS	1:30-5:00 p.m. WORKSHOPS	1:30-5:00 p.m. WORKSHOPS	1:30-5:00 p.m. WORKSHOPS	
	3:00 p.m. Registration UC Lobby	<b>3:15 - 3:30 BREAK Concourse Area In Each Workshop Building</b>				
		<b>5:00 p.m. COURSES END</b>				
	7:00 p.m. OPENING SESSION  "Lookin for Pookie and Peaches: New Millennium and New Attitudes Countering the Marketing of Violence, Sex & Drugs" <i>Alfred "Coach" Powell</i>	5:30 p.m. PICNIC <i>Outside University Center Cafeteria</i>  7:00 p.m. Women for Sobriety Meeting <i>Hilton Cincinnati Airport</i>  7:00 p.m. SMART Program Meeting <i>UC 108</i>	6:30 p.m. KY School Awards Banquet  "By Our Silence" <i>Susan Rook</i>	6:00 p.m. DUI Banquet <i>Hilton Cincinnati Airport</i>  7:00 p.m. LifeRing Secular Recovery Meeting <i>UC 108</i>  7:30-8:30 p.m. NA-Speaker <i>UC Theater</i>  8:30 p.m. Reception <i>Cafeteria</i>	6:00 p.m. KY Adolescent Substance Abuse Consortium <i>UC Ballroom</i>  7:00 p.m. "Opt-Out" Initiative Meeting  7:30-8:30 p.m. AA-Alanon Speaker <i>UC Theater</i>  8:30 p.m. Reception <i>Cafeteria</i>	
9:00 p.m.		<b>12 - STEP MEETINGS UNIVERSITY CENTER LOWER LEVEL FOOD COURT</b>				

# Plenary Sessions



***“Rising Above for a Clearer Vision”***



# Plenary Sessions

Participants may earn up to 7 additional hours toward certification/recertification. An attendance system has been designed to award 1 hour of credit for each session attended by participants.

## Sunday 7:00 p.m. - Opening Session

(1 Hour Credit)



### **"Lookin for Pookie and Peaches: New Millennium and New Attitudes Countering the Marketing of Violence, Sex & Drugs"**

*Alfred "Coach" Powell*

*Alfred "Coach" Powell nationally known, as the Dean of Street Psychology is a community educator and independent consultant working in the arena of Violence Prevention and Interruption, Human Motivation, Potential, and Development. He is a Certified Violence & Substance Abuse Prevention Educator specializing in discerning the marketing of Violence, Sex and Substance addiction to minority youth and communities. His advocacy for all young people has marked him as a specialist on cultural diversity. His humorous wit, and knowledgeable voice impacts the lives of people from the halls of education to the walls of incarceration, from the streets to the church seats; makes him one of the most in demand speakers on the educational, criminal justice & social service circuit.*

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## Monday 8:45 a.m. - Keynote

(1 Hour Credit)



### **"Chronic Pain & Addiction"**

*Rolly Sullivan, M.D.*

*Rolly Sullivan is the Medical Director of the Addiction Programs at West Virginia University Hospitals, Inc. and the Addiction and Psychiatric Medicine Research at West Virginia University. He is also a Professor, Vice Chair and Psychiatry Section Chief, Department of behavioral medicine and Psychiatry, West Virginia University School of Medicine, Robert C. Byrd Health Sciences Center. He will be presenting an overview on the history of pain, addiction to prescription drugs and how to identify /treat the chronic pain patient with addiction.*

# Plenary Sessions

Participants may earn up to 7 additional hours toward certification/recertification. An attendance system has been designed to award 1 hour of credit for each session attended by participants.

## Tuesday 8:45 a.m. - Keynote

(1 Hour Credit)

### **“From Disgrace To Grace: The Miracle Work of the Addiction Professional”**

*Merrill Norton R.Ph., NCACI, CCS*



*“From Disgrace To Grace” is a theme of the remarkable work of thousands addiction professionals that work with population of clients who have shamed themselves, their families, their professions, and their culture by losing control of their lives through the disease of dependence. This talk is my reflections of many years of experience working with hundreds of “unsung heroes” of the profession of addiction counseling, many who go unrecognized by their clients and their culture. The presentation will explain the “the Same-Anxiety Cycle of the Addiction Professional” and how the addiction overwhelming workloads, not enough pay, and even a lack of professional recognition from their agencies. “The Five Freedoms To Professional Happiness” will be presented to assist all of us, who are professional caregivers, to become better caretakers of our own lives. It is the hopes of this speaker to bring a time of refreshment and renewal, thought humor and reflection, to those who create the journey “From Disgrace To Grace” for thousands of suffering chemically dependent clients and their families. The Author of “ A Short Guide to a Happy Life”, Anna Quindlen, says it best- “we must teach ourselves how to live, really live.... to love the journey, not he destination.”*

## Tuesday – Awards Banquet 6:30 p.m

(1 Hour Credit)

### **“By Our Silence”**

*Susan Rook*



*Susan Rook is a former CNN Anchor and current advocate for addiction recovery. She uses her experience as a reporter to show why the personal story remains the critical element in effectively influencing public policy. She draws on her own experience, research and insight from others in the field to design messages to inspire leaders to take actions on behalf of individuals and families affected by addiction*

## Wednesday - 8:45 a.m.

(1 Hour Credit)

### **“The Treatment Renewal and New Recovery Advocacy Movements”**

*William White*



*This Presentation will tell the story of the rise and evolution of alcoholic mutual aid societies and treatments for addiction to alcohol and other drugs over the past 200 years. The presentation will include synopses of Native American abstinence “circles,” the Washingtonians, the Ribbon Reform Clubs, Alcoholics Anonymous, and post-AA mutual aid societies. This discussion of the history of treatment will span the 19th century inebriate homes, inebriate asylums, and such addiction treatment. The presentation will conclude with a discussion of two movements—a treatment renewal movement and a new recovery advocacy movement\_ whose success or failure will reshape the character of addiction treatment and recovery in the opening decades of the 21st century.*

# Plenary Sessions

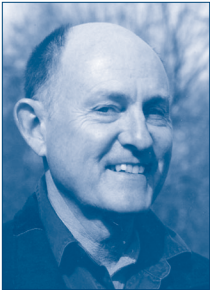
Participants may earn up to 7 additional hours toward certification/recertification. An attendance system has been designed to award 1 hour of credit for each session attended by participants.

## Thursday 8:45 a.m. - Keynote

(1 Hour Credit)

### **“A Look at Appalachian Culture”**

*Al Greene*



*“You’uns from around here, are ye?”—An overview of Appalachian culture, including salient norms and values, the role of the family and church, advantages and disadvantages for helpers, and suggestions for working effectively with Appalachian natives. Al Greene has been a therapist and addictions professional for over thirty-six years. He has served as Vice-chairperson of the North Carolina Commission for Mental Health, Developmental Disabilities and Substance Abuse Services and as a member of the North Carolina Substance Abuse Professional Certification Board and the North Carolina Commission on Substance Abuse Treatment and Prevention. The founder of the Appalachian State University Employee Assistance Service, Al has consulted and served as a trainer widely within emeritus in the Department of Human Development and Psychological Counseling at Appalachian State University and a clinician in the counseling service for faculty and staff. For the past fourteen years he has served as a clinical consultant to the Amanecer group home program for street children in Cochabamba, Bolivia, and as a visiting lecturer in the psychology department of San Simon University in Cochabamba.*

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## Friday Breakfast - 7:30 a.m. - Closing Session

(1-Hour Credit)

### **“The Biology of Change”**

*Jeffery M. Georgi, M. Div., CCAS, LPC*



*Over the last 30 years our understanding of change has progressed from the more linear masculine model to the more dynamic “trans theoretical” model articulated by DiClemente, Prochaska, and Miller. The motivational enhancement approach has added much to our understanding of the process of change. However, the addictions field still tends to view the energy behind such change through a cognitive behavioral lens. This plenary session will examine our growing understanding of brain function and its attention will be given to the importance of midbrain function and the role of emotion as a primary motivator for change particular in the face of addictive disease. The importance of the therapeutic relationship will be examined from the perspective of limbic resonance emphasizing the importance of a “whole Brain” approach.*

# Core Workshop (C)



***“Rising Above for a Clearer Vision”***

# Comprehensive Workshop

(Monday, Tuesday, Wednesday, Thursday and Friday)

*18 hour skill-building workshop. Limited space is available.*

*Please list a **Wednesday Workshop** as well.*

## CW-1 Psychopharmacology For Everyone

*Merrill Norton, R.Ph., NCACII, CCS*



**TARGET AUDIENCE:** Behavioral health care counselors to include physicians, social workers, addiction counselors, professional counselors, psychologists, nurses, marriage and family therapists who work with individuals challenged with mental illness and addictions.

This workshop is for behavioral health care practitioners who work with individuals challenged with mental illness or substance abuse diagnosis. The primary purpose of this workshop is to bring to the participants the latest pharmaceutical applications to the diagnostics of the DSM IV-TR. Many of our patients take medications to function at their highest level of success. This workshop will highlight the body of knowledge of psychotropic medications including the latest anti-depressants, anti-psychotics, anti-anxiety, mood stabilizers, psycho-stimulants, and herbal psychotropics. A recent review of the latest in the neurobiology of anxiety, depression, and personality disorders will also be included in this presentation. A comprehensive review of the DSM IV-TR and applicable medications is the focus of this seminar.

*Participants will be able to: 1) discuss and identify classes of drugs used to treat the spectrum of mental disorders; 2) overview of the neurobiology of anxiety, depression, personality disorders and psychotic disorders; 3) discuss the most recent advances in drug therapies in the mental health and addiction treatment fields; and 4) a review of the neurobiology of psychoactive chemical use, abuse, and dependencies.*



P-Prevention

I-Intervention

T-Treatment

# Comprehensive Workshop

(Monday, Tuesday, Thursday and Friday)

*18 hour skill-building workshop. Limited space is available.*

*Please list a **Wednesday Workshop** as well.*

## C-1 Preparing to Become a Certified Alcohol and Drug Counselor



*Jeanne Keen/Michael Vance*

**TARGET AUDIENCE:** Participants who need an overview of the 12 Core Functions/Global Criteria and those preparing to sit for the CADC oral and/or written exams within 1 to 1 1/2 years.

This workshop will provide participants with a thorough understanding of the CADC certification process. The workshop will focus on the twelve Core Functions. Participants will receive information on the process of the Oral Exam and will be given a chance to practice the exam in a non-threatening setting. Applicants will also learn about the written test and receive tips on how to take a standardized test.

*Participants will be able to: 1) identify and describe the 12 Core Functions; 2) discuss the Global Criteria that are necessary to demonstrate competence in each of the functions; 3) discuss the process of the oral and written exams; and 4) understand the CADC certification process*

## C-2 Treatment of Dual Diagnosis: Overview of Evidence Interventions



*Jeff Georgi, M.Div., CCAS, CCS*

**TARGET AUDIENCE:** All welcome.

This workshop will review the bio-psycho-social-spiritual disease paradigm, which unifies mental illness and substance abuse within a cohesive therapeutic framework and will provide a comprehensive overview of evidence based pharmacological and behavioral treatments. Specific interventions will be discussed which will help clinicians work specifically with this challenging patient populations.

*Participants will be able to: 1) Describe the bio-psycho-social-spiritual model of mental illness/substance abuse in providing an overall framework for the understanding of the dually diagnosed patient; 2) list specific evidence based pharmacological and behavioral interventions applied in the treatment of dual disorders.*



P-Prevention

I-Intervention

T-Treatment

# Monday/Tuesday (A) Workshops



***“Rising Above for a Clearer Vision”***



# A Workshops

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## A-1 Screening, Assessment and Treatment Recommendations for Substance Abusers with Traumatic Brain Injury

☐ ☐ ☒ T

**Robert Walker**

**TARGET AUDIENCE:** Clinicians who provide assessment and treatment services to substance abusers.

This workshop will focus on the assessment and treatment of persons with substance abuse problems and brain injuries. The presentation will include definitions of types of brain injury, and clinical manifestations of brain injury on thinking, emotions and behavior. Synergistic effects of alcohol and other drugs with brain injury will also be discussed. Specific intervention approaches will be reviewed. The presentation will also include brief screening and assessment instruments for use in clinical programs.

By the end of the workshop, the participant will be able: 1) to have attained knowledge and skills to appropriately screen brain injuries among substance abusers; 2) to have additional models for understanding the relationship of brain injuries and substance abuse; 3) to have basic understanding of clinical approaches for treating clients with substance abuse and brain injuries; and 4) to have attained the knowledge and skills to appropriately assess brain injuries among substance abusers.

## A-2 Alcoholism: A Disease of Brain Chemistry & More

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**Dr. Burns Brady**

**TARGET AUDIENCE:** For everybody who wants to be in the alcohol and drug field, or is in the field and needs to know and refresh, if they are going to stay in the field.

This workshop will present a full consideration of the bio-psycho-social disease of alcoholism and other drug dependencies. Lecture and open discussion will be the format.

*Participants will be able to: 1) examine neuropharmacological, psychological, and societal components; 2) differentiate dual diagnoses as part of the disease of alcoholism as a separate entity; and 3) discuss considerations and therapy of other drug dependencies (i.e., cocaine, marijuana, prescription drugs).*

## A-3 Knockin' on Heaven's Door: Drugs, Addictions and the Spiritual Quest

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**Gerry Boylan**

**TARGET AUDIENCE:** Intended especially for those who wish to learn as well as grow.

The search for spirituality, for completeness, for a Higher Power is also a search for ways to transcend the limited consciousness of the world we live in. We know that our limited "left brained", rational, linear experiences are not all there is to life.

For millennia, shamans and priests have used drugs, trances, dance, ritual, drumming, pain, fasting and chanting to reach levels of awareness outside ordinary consciousness. Present day addictions are a reflection of this same spiritual need and desire (even though they don't work). The desire is not just to feel good or to stop feeling bad; the desire is to go beyond the restricted realms of material consciousness and to literally touch God- to be part of the divine even for a second. Recovery does not end with eliminating a negative behavior. True healing embodies a spiritual path, which answers and satisfies this innate hunger for the spiritual.

*The class will explore: 1) this innate hunger for the Spiritual; 2) altered states of consciousness; 3) our addictive nature and our spiritual nature; 4) the process and "trap" of addiction; 5) the experience of spirituality; 6) addiction and recovery as life changing experiences; 7) the spiritual path of the 12 steps, as a method that brings people to what they were looking for all along; and a view of the 12 steps in the light of other universal Spiritual Paths.*

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P-Prevention

I-Intervention

T-Treatment



# A Workshops

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## A-4 Treatment & Intervention Strategies for Manipulative & Resistive Clients

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Phinizee Thompson/Lee Etta Cummings

**TARGET AUDIENCE:** Individuals who have two (2) years or less experience working with substance abusers. This workshop will be useful for counselors and social workers.

This workshop will focus on the different types of resistance as seen in chemically dependent clients and the various techniques for intervening. This workshop is designed for counselors and other professionals who are working with chemically dependent clients. This workshop format will include didactic and experiential presentations, handouts, and discussion.

*Participants will be able to: 1) identify types of resistance; 2) examine methods of interventions; 3) demonstrate intervention methods.*

## A-5 Fetal Alcohol Spectrum Disorder

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Deb Evensen

**TARGET AUDIENCE:** Prevention, Treatment, Social Workers, Teachers, and Parents. No prerequisites necessary

Currently, most children, adolescents and adults with Fetal Alcohol Spectrum Disorder are not fortunate enough to have a diagnosis. All community systems are impacted by this disability. This training will begin with the specific impact alcohol has on a developing fetus, and will conclude with a presentation of effective strategies for working with individuals prenatally exposed to alcohol.

*Participants will be able to: 1) identify the damaging effects of alcohol on a developing fetus; 2) identify specific aspects of "brain deference" in a person prenatally exposed to alcohol; 3) identify the link between brain function and behavior; and 4) identify effective strategies for working with individuals prenatally exposed to alcohol*

## A-6 Group Counseling-Beginners

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James Thompson, Ph.D.

**TARGET AUDIENCE:** Beginning or experienced counselors who have had very little or no training, supervision, or experience with leading groups in education and prevention, inpatient, outpatient, aftercare, or DUI programs.

This workshop assists participants in learning how to use various therapeutic factors, interpersonal group processes, and intervention strategies for substance abuse groups. It is designed to increase one's knowledge and experience in leading groups in various settings with a wide range of people with alcohol and other drug problems. The workshop will present the basics of setting up groups, preparing group members, as well as the knowledge and experience of the orientation, middle and termination phases of groups. Participants will have the opportunity to discuss and experiment with being a leader and co-leader of a group and learn the most effective and comfortable ways that she or he might lead groups. With exposure to both didactic and experiential activities, participants will gain experience in using groups and its many processes to help people along in their recovery to prevent substance abuse problems.

*Participants will be able to: 1) identify selection criteria to use in forming a substance abuse group in order to have an active, interpersonal, cohesive group; 2) apply strategies that enhance motivation and facilitate recovery through the stages of change; 3) explore methods to significantly increase knowledge and skills in relating to persons with or without substance abuse problems, having them feel more accepted and helping them communicate more honestly with others; 4) identify ways to be effective as a group leader; and 5) explore personal issues related to increased confidence and comfort level for leading groups.*

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P-Prevention

I-Intervention

T-Treatment

# A Workshops

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## A-7 Group Counseling-Beginners

Bob Davis



**TARGET AUDIENCE:** Counselors with little or no experience.

This workshop is designed to meet the needs for a balanced approach to training group counselors. Theoretical material is concerned with group norms, goals, the issues of process and content, and the stages of group growth.

*Didactic material and structured exercises are combined to:*  
1) help the counselor learn to anticipate important issues that might arise in group; 2) promote personal growth and teach exercises that can be used in groups at trainee's work setting

## A-8 Chronic Pain & Addiction

Rolly Sullivan, MD



**TARGET AUDIENCE:** Experienced practitioners who work in inpatient, outpatient or community programs would benefit from this workshop.

This workshop will focus on the increasingly common problem of chronic pain and addiction with an emphasis on Rx drug addiction. Topics to be covered include the neurophysiology of pain, chronic vs. acute pain, classes of addicting drugs, addiction to Rx drugs, and identification of chronic pain patients with addiction, treatment options and case histories.

*Participants will be able to:* 1) know something of the history of treatment of chronic vs. acute pain; 2) be able to have a basic understanding of how pain is transmitted in the human body; 3) have a working knowledge of drugs of addiction and what class they fall into; 4) be able to identify patients with chronic pain and co-morbid addiction to alcohol or drugs; 5) understand the basic tenets of treatment for patients with chronic pain and addiction.

## A-9 Empowering Women Through Combined Treatment: Domestic Violence and Substance Abuse

Gloria Jones



**TARGET AUDIENCE:** Alcohol and Drug counselors, therapists, psychologists, spouse abuse shelter personnel, mental health professionals, social workers, program administrators.

This workshop will provide participants with a general overview of the OASIS Family Self-Sufficiency Campus located in Owensboro, Kentucky. This innovative program, named by HUD as one of the 100 Best Practice Programs in the nation, has combined domestic violence counseling with alcohol and drug counseling and parenting skills to establish a holistic approach towards helping the battered and/or chemically dependent homeless woman and her children. Core issues and effective strategies to meet the needs of the clients will be addressed. Participants will be provided learning experiences through lecture, role-playing, and video. Research and hands-on methods for treating these populations will be discussed.

*Participants will be able to:* 1) identify treatment needs of battered women and chemically dependent women; 2) learn about the similarities in the cycle of violence and cycle of addiction; 3) examine the combined treatment approach; 4) explore the dynamics associated with children from battered, chemically dependent homes; and 5) discuss challenges to effective treatment.



P-Prevention

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# A Workshops

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## A-10 The Brain & Behavior Like Never Before

I T

**Brad Humphrey**

**TARGET AUDIENCE:** For Counselors, Educators, Administrative Staff, Staff who work with the MH and SA Populations

An overview (update) of the physiological and function of the brain as it relates to human behavior. Special attention will be given to break-through research that has intervention implications for modern educators and mental health professionals (e.g.- the biology of learning, communication in crisis, obesity to bulimia, medicalization of personality, etc). Warning: Mature topics are discussed. If you are easily offended, please do not attend this session.

*Participants will:* 1) have tripled their memory and will know how to increase it ten more fold; 2) know and understand the five components of health related fitness as it relates to integrated holistic development; 3) have a firm grasp on the biological underpinnings of personality; and 4) have a specific brain based system for handling their own emotions and de-escalating angry individuals.

## A-11 Numbing the Pain: PTSD and Substance Abuse

I T

**Martha Schmitz, Ph.D**

**TARGET AUDIENCE:** All Welcome.

The goal of this presentation is to describe current state-of-the-art knowledge about the treatment of patients with the dual diagnosis of post-traumatic stress disorder and substance abuse, a population that is typically considered “difficult to treat”. We will cover background on PTSD and substance abuse (including rates, the “typical case”, models and stages of treatment, clinical dilemmas, and gender issues) as well as clinical interventions for PTSD and substance abuse (including demonstration of specific treatment strategies, assessment tools, and community resources).

*Participants will learn to:* 1) review scientific literature on rates and presentation of PTSD; 2) increase empathy and understanding of PTSD/Substance abuse; 3) describe specific therapeutic strategies for this dual diagnosis, and; 4) provide assessment and treatment resources.

## A-12 The Seven Challenges: A New and Effective Program for Working With Adolescents With Drug Problems

P I T

**Robert Schwebel, Ph.D.**

**TARGET AUDIENCE:** All Welcome.

This workshop will introduce The Seven Challenges Program, a holistic, developmentally appropriate drug treatment program for adolescents, widely used across the United States, Canada, and Puerto Rico. The program starts by recognizing that adolescents are generally dragged into treatment against their will, and in the early stages of change. The process starts where youth are “at,” not where we wish they would be, or where they might pretend to be. It is an alternative to the mad rush for abstinence in which adolescents resist adults, flee treatment, or “fake it” (telling the adults what they want to hear). The program works with the stages of change model (Prochaska, et.al.), helping young people through the gradual process of evaluating their drug use; making informed, internally motivated, and committed decisions to change, and ultimately succeeding in making desired changes that address both drug problems and underlying, co-occurring problems.

*Participants will:* 1) be able to critique traditional approaches to drug treatment; 2) know the tasks of adolescent development and how to promote healthy development in drug treatment; 3) know the health-decision making model; 4) understand the seven challenges process and each of the seven challenges within the framework of a health decision-making model; 5) know the six stages of change (Prochaska Model in overcoming behavioral problems, and the types of interventions most appropriate in patient-treatment matching in adolescent drug treatment; 6) know ways to help adolescents identify harm from their drug use, without increasing their resistance and denial; 7) understand the idea of a counselor as a “problem-solving partner”; 8) learn new techniques and strategies for helping young people move through the stages of change; 9) be familiar with the Seven Challenges material, and learn how to use the material and implement the program in a counseling setting; 10) be able to apply the Seven Challenges Program in his or her unique setting/level of care.

P I T

P-Prevention

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# A Workshops

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## A-13 Aspects of Compulsive Gambling



RonSonlyn Clark/Scott Walker

**TARGET AUDIENCE:** New or beginning counselors, those seeking gambling certification, counselors desiring to learn more about gambling.

This workshop will provide an overview of gambling terminology, treatment goals and plans and introduce different cultural aspects of this disease.

*Participants will learn to: 1) become familiar with basic gambling terminology; 2) LEARN about scope of gambling; 3) develop treatment goals and plan for treating the gambler; and 4) REVIEW aspects related to different cultural groups and compulsive gambling.*

## A-14 Group Therapy for Criminal Justice Clients



Michael Johnson

**TARGET AUDIENCE:** Counselors who provide group counseling to the criminal justice population.

The training will focus on the dynamics within a group setting and focus on the work of DiClemente and Prochaska and their “Stages of Change Model” discussion of five stages of change; precontemplation, contemplation, preparation, action and maintenance. It will assist counselors in understanding the dynamics, which arise during the group experience. Counselors will learn how to maintain effectiveness, focus throughout the group process. This training will also teach the counselor the dynamics which arise in each phase of the drug treatment program.

*Participants will be able to: 1) clarify the major tasks of a group leader; 2) identify and recognize resistance within the group; 3) gain insight into the goals and rationale for the “sub groups” which will arise from within the core group; 4) gain treatment strategies to assist in overcoming denial and resistance; 5) gain skills necessary to be an effective group counselor; and 6) define the five stages of change and the defenses and intervention strategies of each.*

## A-15 Hot Drugs in Kentucky



Mike Bosse/Patrick J. Sammon, Ph.D.

**TARGET AUDIENCE:** Alcohol and other drug counselors, health care professionals, law enforcement personnel, prevention specialists, social service workers, school administrators, teachers/counselors, student assistant coordinators, and other persons who desire in-depth information about current drug trends in Kentucky.

This workshop is designed to provide new insights and understanding into the “**Current Hot Drugs in Kentucky**”. Participants will have the opportunity to observe and identify drug paraphernalia and gain a better understanding of how law enforcement addresses illegal drug use. Current hot issues, such as, the explosive growth of internet drug trafficking, the meth lab crisis and abuse trends, the rampant illicit use of the pain-killers OxyContin and Vicodin, the dangers and impairment issues of Over-the-Counter Drug abuse, the Party Drug culture and rage, and the medical marijuana legalization issue will be some of the issues discussed. Through up-to-date research, stories and the personal experience of the speakers, participants will gain a deeper understanding of what drug cultures are really like and the serious health and impairment risks of illegal drug use.

*Participants will: 1) discuss how easy it is to access all the information necessary to produce, purchase, or sell illegal drugs over the internet and how Web sites popularize and glamorize drug use and promote various drug cultures; 2) recognize the common appearances of **meth labs**, behaviors of manufacturers, indicators of meth abuse and know meth lab safety issues; 3) demonstrate an understanding of the abuse potential and physical and behavioral effects of the opioids (**OxyContin, Lortab, Percocet, Tylox, Vicodin, etc.**), anxiolytics/depressants (**Xanax, Valium, alcohol**), and stimulants (**amphetamine, Cocaine, Ephedrine, Ritalin,**); 4) know how “drug seekers” attempt to obtain and divert prescription drug; 5) articulate the abuse potential and physical and behavioral effects of the Party Drugs: **Ecstasy, GHB, Rohypnol, Ketamine, inhalants and high potency marijuana**; 6) learn techniques undercover agents use to assess their personal safety and reduce risk while working in a potentially dangerous setting.*



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# A Workshops

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## A-16 You Can't Push a Rope: Basic C. D. Counseling Skills

Patrick Whelan



**TARGET AUDIENCE:** Any counselor working directly with chemically dependent adults and/or adolescents. Two years or less experience.

This workshop is intended solely for those in the field two years or less. It will provide a base of information and a framework from which to view the client differently. It will emphasize beliefs more than techniques but it will also demonstrate skills and set aside time to practice. The workshop will help build a solid foundation that is critical not only for being effective, but equally necessary for enduring wellness and avoiding burn-out. If you are looking to increase your confidence, this workshop will be a very fine fit.

*Participants will be able to: 1) translate information into skills; 2) learn two ways to approach denial/resistance; 3) learn how to avoid power battles; 4) experience the value of increased confidence.*

## A-17 "Opiate Addiction and Treatment": The Basics

Mac Bell, DSA-SNA-Adm.



**TARGET AUDIENCE:** All Welcome

The mysteries of narcotic addiction are unraveled by exploring the cycles of opiate use and abuse that ultimately lead to the disease of addiction. Viewing addiction as a disease of the brain, participants examine societal biases toward addiction and treatment, learning how prejudices impact a service provider's ability to offer effective counsel and treatment. The approach introduces various treatment modalities that may be tailored to each patient's needs. It will provide an overview of the benefits of opiate addiction and treatment, from patient detoxification to program administration.

*Treatment professional, program directors drug counselors, social workers and others will leave the course with a different perspective of opiate addiction and treatment*

## A-18 Gang Identification and Why Gangs Are Still A Problem

Eddie Woods, Ph.D.



**TARGET AUDIENCE:** Regardless of your community's size or location, this workshop is appropriate for service providers that work with youth and their families. It is particularly useful if you are a professional in the areas of law enforcement, education, juvenile justice, youth ministries, child protection, Parks & Recreation and/or a parent/guardian.

This workshop focuses on correctly identifying real gang activity as opposed to meaningless posturing. We examine which gangs are prevalent throughout the state and why they exist. Most importantly, we will explore strategies to redirect the energy of youth who are impacted by the gang/youth violence subculture.

Participants will: 1) learn how to assess the level of risk presented by community gangs; 2) be able to identify criminal and non-criminal community gangs; 3) learn how to develop effective community coalitions to address the issue of gang related activities; and 4) learn how to evaluate the impact of your approach.

## A-19 Advanced Course in Motivational Interviewing

Brian Moore, Ph.D./Suzanne Carrier



**Requirements:** Previous Motivational Interviewing training and current Motivational Interviewing therapy work, familiarity with Miller and Rollnick's *Motivational Interviewing* textbook, email access. (Limit 15.)

This course is a two day intensive training for clinicians. The goal is to increase the clinician's Motivational Interviewing skill and understanding of Motivational Interviewing concepts through experiential work, brief lecture, videos and discussion. Areas of focus may include: refining reflections, recognizing change talk, examining Motivational Interviewing in the context of existing approaches and programs, and ethical issues. Trainers will be in touch with participants both prior to and following the course through a closed email listserve. Participants must submit a 20-minute audiotape of an actual Motivational Interviewing therapy session (real client, not role play) both prior to and following the course.



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# A Workshops

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

## A-20 Community Prevention Resource Systems: Myth, Fantasy or Reality

P I

James A. Neal, MCJ, CSPP

**TARGET AUDIENCE:** Experienced prevention providers seeking to improve the outcomes of their approaches to substance abuse prevention.

“...to change, we need to stop thinking like mechanics and to start acting like gardeners.” -Peter Senge. This course is designed for the prevention provider who is seeking greater clarity on what it means to attempt to manage complex change within communities. Through interactive dialogue and presentation; this course will challenge participants to think of prevention from a systems change perspective. Participants will examine coalitions as systems and approaches to change including coalitions as prevention resource systems. A framework of exploring the keys to performance-based prevention resource system will be covered in depth. Participants will learn a method to assess the level of effectiveness of a coalition and identify components of the system for improvement.

*Participants will:* 1) examine evidence-based approaches to substance abuse prevention; 2) become acquainted with five key components of performance based prevention; 3) identify key components of a community prevention resource system; 4) explore methods of assessing the level of effectiveness of a community coalitions; 5) gain understanding of the role of system change in prevention; and 6) develop a systems change plan for their coalition or organization.

## A-21 Recovery Advocacy

P I T

Susan Rook

**TARGET AUDIENCE:** All Welcome

Recovery advocates work to change social attitudes, public policy, and resource allocation decisions that limit access to addiction recovery for individuals and their families. Participants will use interactive sessions to create step by step action plans to take recovery advocacy efforts to the next level of effectiveness.

*Participants will learn:* 1) the basics of effective advocacy; 2) the special challenges and opportunities of recovery advocacy; 3) what case studies say about what works; 4) the value and importance of details; 5) to evaluate and use resources; and 6) work with the media.

## A-22 Lookin for Pookie and Peaches: New Millennium and New Attitudes Countering the Marketing of Violence, Sex & Drugs

P I T

Alfred “Coach” Powell

**TARGET AUDIENCE** Youth and adolescent professionals

This workshop is targeted for people working with youth and adolescents.

*Participants will:* 1) understand the culture of failure & success within youth culture learning why hip-hop youth embrace the “Bling-Bling” mentality and linking this mentality to its historical roots and causes; 2) have an insightful look at how marketers target poverty-prone communities and how their techniques work to harm their psychological as well as their psychosocial growth; 3) learn how to take full advantage of a teachable moment without worrying about being politically correct ,and how to discern the many messages found in ads targeted towards minorities communities and others; 4) learn to identify the hidden spiritual, historical, violent and mystical undertones as well as over tones of ads if any; 5) discuss whether or not subliminal advertising or repetitive suggestions impacts and/or impairs the decision making process of youth as related to drugs, alcohol and violence. 6) have an indepth look into why youth and minority communities tend to distrust authority with a brief link into historical trauma and drama as related to the institutions of education, health, social services, media and police and 7) learn how to use your tools to empower youth to embrace success via culture and education, introduction into the “ladies & Gentlemen club” making the change in-order to survive a hostile society.

P I T

P-Prevention

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T-Treatment

# A Workshops

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

## A-23 “What Do You Mean I Have Issues????”



**Michael McLemore**

**Target Audience:** All providers of service deliver, working at all levels of substance abuse treatment and prevention programs, schools and other institutions.

Are you ready to get your cultural competency and awareness of cultural beliefs improved? If so, this is the workshop for you! Through an interactive process participants will have an opportunity to gain tangible skills that can be utilized in becoming culturally competent. There are many issues providers have to deal with, including identifying personal issues that may be a barrier to service delivery. This workshop will discuss cultural beliefs as well as innovative approaches for skill building in dealing with diverse clients.

*Participants will: 1) identify cultural characteristics of the populations served by the community; 2) assess cultural beliefs that impact a populations world view; 3) explore innovative approaches for culturally competent service delivery; 4) appreciate how their self-identified culture influences their approach to client services; and 5) understand the need for continual self-evolution and self-critique as it relates to caring for culturally, racially, ethnically diverse clients and their families.*



P-Prevention

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# Wednesday (W) Workshops



***“Rising Above for a Clearer Vision”***



# W Workshops

(Wednesday)

*1 day, 5 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.*

## W-1 Research On The Uses and Abuses of Alcohol And Other Drugs By Women



**Ray Daugherty; Robert Straus, Ph.D.**

**TARGET AUDIENCE:** All Welcome

Data on the uses of alcohol and other drugs of abuse by women suggest significant changes in the numbers of women who are abusing these substances, their patterns of use and the problems that they experience. The annual Research Workshop for 2004 will focus on emerging knowledge that is contributing to a clearer appreciation of the nature and distribution of substance use and abuse patterns of women and of biological, behavioral and sociological factors that contribute to and emerge from such use.

*Participants will provide both national and Kentucky perspectives. Panel presentations will include data from a unique twenty-year national study on women's drinking, a multi-year study on drinking among lesbian women, an overview of biological differences in drug responses in women compared with men, and data on alcohol and drug use among Kentucky women.*

**Panel Presenters are: Sharon C. Wilsnack, Department of Neuroscience, University of North Dakota School of Medicine and Health Sciences; Tonda Hughes, College of Nursing and Center for Excellence in Women's Studies, University of Illinois at Chicago; Thomas H. Kelly, Department of Behavioral Science and Center for Drug and Alcohol Research, University of Kentucky. Discussants are T.K. Logan, Department of Behavioral Science and Center for Drug and Alcohol Research University of Kentucky and Raymond P. Daugherty, Prevention Research Institute. The Moderator will be Robert Straus, University of Kentucky Emeritus.**



P-Prevention

I-Intervention

T-Treatment

# W Workshops

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## W-2 Who C.A.R.E.S.?- Empowering Adults to Impact Youth

Javier Sanchez

P I

**TARGET AUDIENCE:** Adult Youth Advocates working in youth leadership development, education, and substance abuse prevention.

Two of the most important things that every young person on the planet deserves are Chances and Choices. As adults working with teens we have a responsibility to awaken them to the chances they have and to be an ally, guiding them through the choices they're making. But if men are from Mars and women are from Venus, then it often feels like teens are from a totally different universe! With everyone from the media, to advertisers, to their peers vying for their attention, it seems impossible for caring adults to find their niche in a teen's life. This interactive, funny and very moving session will show parents, teachers, school administrators, and youth advocates the vital role they play in the lives of young people. Participants will walk away with a new or renewed passion for youth development as well as practical tools to maintain youth-centered programming that is applicable, engaging, relevant and fun. Listen, react, share, and do your part to show your young people "Who C.A.R.E.S."

*Participants will learn to: 1) understand the importance of adult role models; 2) how to build bridges that connect adults and youth; 3) keys to youth empowerment; and 4) how to develop strategies for effective teen programming*

## W-3 Clandestine Methamphetamine Labs

Jim Aquisto/Keith Cain

P I T

**TARGET AUDIENCE:** Law Enforcement/First Responders, Inmate Treatment Specialists, Probation Personnel, Drug Court Staff, Social Workers involved in child custody, any home visit personnel, prevention specialists.

This presentation will present the history of methamphetamine and describe the effects of this drug. Students will receive information on the signs and symptoms of methamphetamine abuse in the community. An introduction of the two common ways to manufacture methamphetamine and complete descriptions of the chemicals used in this process will be discussed. Hazards to personnel and the community will also be discussed.

*Participants will: 1) obtain knowledge of the history of methamphetamine, and its use and effects; 2) be informed of various methods of illicit methamphetamine manufacture; 3) be familiar with the appearance of clandestine meth labs; 4) have knowledge of meth abusers and manufacturers behavior and appearance; and 5) be informed the student of the situation in Kentucky and how the community can respond.*

## W-4 Special Issues: Substance Abuse and the Homeless Population

Jay Davidson/Harold Wayne Creighton

I T

**TARGET AUDIENCE:** Participants interested in working with the homeless population.

Participants will be able to identify the symptoms of homelessness and have an understanding of the complex multiple issues challenging the homeless. The Participants will have a working knowledge of the continuum of care required to empower homeless men and women to become self-sufficient and independent.

*Participant will: 1) have an understanding of the holistic recovery cycle to homelessness; and 2) will have a working knowledge of peer accountability, mutual help, peer led and peer support recovery program using 12 Step principles of recovery.*

P I T

P-Prevention

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# W Workshops

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## W-5 Treating Gay, Lesbian and Bisexual Client

**P I T**

Edwin Hackney

**TARGET AUDIENCE:** Appropriate for all disciplines with a focus on clinical settings.

This workshop, using an experiential format, will provide information about sexual identity and gender formation stages and effective client assessment techniques. Affirmative intervention strategies to enhance client safety and counselor sensitivity will be presented. An update on current research will be presented and substance abuse issues for gay, lesbian and bisexual persons will be discussed.

*Participants will be able to: 1) identify stages in sexual identity development; 2) identify useful assessment and intervention techniques for substance abuse treatment of gay, lesbian and bisexual persons; and 3) describe clinician responsibility and barriers to successful treatment.*

## W-6 Healing into Wholeness

**P I T**

Gerry Boylan

**TARGET AUDIENCE:** Those wishing to experience a day of inner enjoyment and healing as well as experiencing methodology that might be of help in working with others.

This class is a way to positively explore ways and means to self-nurturing as well as ways of passing this positive energy on to others. We will view the process of addiction as one of fragmentation, the separation of the individual from his/her spiritual source as well as a shattering of the groundwork for self-identification. The presentation will be a variety of techniques for healing the self and others. Material will draw from imagery, affirmation, discussion, individual exercises, and experiences of relaxation and healing touch techniques. We will work on reclaiming spiritual side of our nature as well as revitalizing and integrating our fragmented egos.

*Participants will: 1) examine the spiritual roots of recovery; 2) experience our own personal healing; 3) examine our own recovery issues in order to further our own growth and be more in tune with our patients and clients.*

## W-7 Preparing For The Certified Prevention Professional Written Exam

**P I**

Pam Lawrenz/Pam Stockbridge

**TARGET AUDIENCE:** Prevention Specialists wanting to learn how the IC&RC ATOD Prevention Exam is developed and how to study for the exam.

This interactive course will help the ATOD prevention professional understand and prepare for the IC&RC ATOD Prevention Credentialing Exam. Participants will learn about the core domains upon which the exam is based, types of questions which are on the exam and the fundamentals of test taking. The end of the day will be spent with participants writing their own exam questions to better understand the questions. Participants will receive a recommended resource list for IC&RC ATOD Prevention Credentialing Exam preparation.

*By the end of the course participants will be able to: 1) identify the five core functions upon which the IC&RC ATOD Prevention Credentialing Exam is based; 2) identify the three types of questions which comprise the IC&RC ATOD Prevention Credentialing Exam; 3) explain how the IC&RC ATOD Prevention Credentialing Exam is developed; 4) identify four test taking skills; 5) write at least a minimum of one question similar to the questions on the IC&RC ATOD Prevention Credentialing Exam.*

**P I T**

P-Prevention

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# W Workshops

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## W-8 Nicotine Dependency Treatment



Jeff Georgi, M. Div., CSAC, CCS

**TARGET AUDIENCE:** All welcome.

Tobacco use represents the number one drug of abuse and the single most preventable cause of death in our country. Diseases associated with nicotine dependency annually kill more alcoholics than alcohol. Current research documents that tobacco use is one of the primary relapse triggers for both the alcoholic and the addict. Further research done by Richard Hurt, MD and others demonstrate that the outcomes for addiction treatment are actually improved when nicotine is addressed along with other drugs of abuse. Yet to embrace nicotine dependency treatment as an integral part of its overall mission. This workshop will review the pharmacology of nicotine and its impact on a variety of body systems. In addition, Participants will be introduced to the “state-of-the-art” interventions currently being used for nicotine dependency treatment and smoking cessation. Finally, Participants will be given the opportunity to examine how best to integrate nicotine dependency treatment within traditional substance abuse treatment models.

*Participants will be able to: 1) discuss a theory base that explains the neuropharmacology of nicotine and its aggressive addictive nature within the bio-psycho-socio-spiritual context; 2) provide participants with a review of the most up to date interventions associated with smoking cessation and nicotine dependency; and 3) provide participants with opportunity to learn how best to integrate dependency treatment and smoking cessation within their treatment settings*

## W-9 Exploring Ethics in the Prevention Field



Linda Verst/Elaine Ozment

**TARGET AUDIENCE:** Those seeking 6 hours of prevention ethics for prevention certification requirements helping professional.

This workshop is designed to give persons seeking prevention certification the six hours of prevention ethics they need as a part of their portfolio. Exploring ethics in prevention focuses on ethical principles, and puts into practice a simple decision making tool that can be applied to most ethical dilemmas.

*Participants will be able to: 1) identify and define six ethical principles commonly held by helping professions including prevention; 2) resolve ethical dilemmas using a six-step ethical decision making model; 3) set professional goals with ethical principals in mind; and 4) work together as teams of adult learners in practicing ethical decision making through the use of case studies taken from their fields of practice*

## W-10 Introduction to Recovery Management



William White

**TARGET AUDIENCE:** All Welcome

This presentation will describe the shift from acute care (AC) models of intervention to severe and persistent alcohol and drug problems to models of sustained recovery management (RM). The presentation will include the history, major clinical strategies and potential pitfalls of the recovery management model.

*Participants will be able to: 1) identify at least 3 forces pushing the field of addiction treatment toward models of recovery management; 2) be able to provide at least three pieces of evidence of the chronicity of addiction among adolescents and adults entering publicly funded treatment in the U.S.; 3) summarize findings from clinical research related to recovery pathways, patterns and styles of recovery, stages of recovery, role of mutual aid groups in long-term recovery, gender and recovery, and recovery durability; 4) describe changes in clinical practices within the recovery management model in the following areas: engagement, assessment, service goals, service timing, locus of services and service relationship; and 5) identify and discuss at least three potential pitfalls of the recovery management model.*



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# W Workshops

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## W-11 Domestic Violence: Everyone's Concern

P I T

Jeanne Keen

**TARGET AUDIENCE:** This workshop is appropriate for all professionals working in the mental health arena. It will meet requirements for training in domestic violence for CADC's and Social Workers. It is especially important information for those professionals working with women.

This workshop will provide an overview of the dynamics of domestic violence and its effects on the individual and society. The laws, protective systems for victims and reporting requirements will be explained. Screening, identification, referral and assessment of risk and lethality will be covered. This workshop will meet the requirements of House Bill 309 for CADC's and Social Workers.

*After completing this workshop the participants will be able to: 1) discuss the magnitude of domestic violence in our country today and the forms it takes; 2) discuss how domestic violence impacts women and children; 3) learn strategies for assessing clients for domestic violence and how to identify victims and perpetrators; 4) understand the relationship between domestic violence and substance abuse; 5) develop a safety plan for the victim and make appropriate referral to community resources; and 6) understand appropriate legal issues including reporting requirements and laws protecting women.*

## W-12 Motivational Interviewing

I T

Ted Godlaski

**TARGET AUDIENCE:** Anyone doing direct treatment with chemically dependent individuals. This is introductory material.

Motivational interviewing is an approach to chemical dependency treatment that grew out of the work of William Miller, University of New Mexico, and Richard Rollnick, University of New South Wales, investigating what effective counselors actually did. It is grounded in the Transtheoretical Model of Change developed by Prochaska and DeClemente. This model has no bias about the etiology of addiction and is an Autonomy-based Model. It has been tested in controlled studies and seems to be especially effective with difficult to treat populations.

*Participants will learn: 1) basic principals; and 2) strategies and skills of motivational interviewing.*

## W-13 Preparing For The Certified Alcohol Drug Counselor's Written Examination

I T

Mike Vance

**TARGET AUDIENCE:** CADC candidates who are preparing to take the written exam in the next twelve months. Information is specific to the process in Kentucky and IC & RC. This training is not for the Prevention Specialist Exam.

The course will introduce the concept of ICRC Certification Exams, particularly the format of the written exam. Material will include a review of test-taking strategies, pre-test compliance issues, review of specific knowledge areas required of exam candidates.

*Participants will be able to: 1) become familiar with the policies and procedures required to get to the written exam; 2) develop an understanding of the written exam format through its history, administration and content as required by ICRC and as presented in written, multiple-choice format; 3) identify and practice strategies for study, preparation and the taking of standardized exams; and 4) evaluate the readiness for the exam by the use of practice/demonstration questions from each core function culminating in the taking and scoring of a sample test at the end of the class.*

P I T

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# W Workshops

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## W-14 Increasing the Effectiveness of Adolescent Services via Clinical Case Management

☐ ☐ I ☐ T

Robert Carty

**TARGET AUDIENCE:** All Welcome

Over the years, the delivery of substance abuse treatment to adolescents has had limited effectiveness due to multiple factors. One of the major factors is that such service is typically presented in an isolated manner, ignoring how various areas of an adolescent's life may influence treatment outcome. In this workshop, the clinical case management model will be examined with a special emphasis on its use with adolescents involved with the juvenile justice system. Case studies will be offered to demonstrate the power of integrating services to adolescents and their families.

*Participants will be able to: 1) identify various barriers in the treatment of adolescent substance abusers; 2) list the functions of case management; 3) describe the principles of the clinical case management model; and 4) consider how they can apply this model to their current service delivery system to increase its effectiveness.*

## W-15 Mobilizing Your Community Around ATOD Survey Results

☐ P ☐ I ☐ T

Rhonda Ramsey Molina

**TARGET AUDIENCE:** Workshop is open to all interested in better utilizing survey results. No need to be an expert, but experts welcome.

Through participation in this interactive workshop, participants will gain the knowledge and skills needed to literally blow the dust off of survey findings and put those findings to work. Survey findings are a powerful tool in building and sustaining relationships and partnerships to mobilize your community. This workshop will not discuss survey instruments or process for implementing a survey - rather it will discuss how to mobilize your community around the results.

*Participants will gain: 1) greater understanding of depth and value of ATOD Survey results; 2) knowledge and skills to build partnerships in the community based on ATOD survey results; and 3) knowledge and skills to conduct data based planning to strengthen partnerships and programs.*

## W-16 Working with Women in the Criminal Justice System

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Ann Perrin, (Panel Members: Mary Carol Melton, Bobbye Gregory, Gwen Holder, Margo Spence, Shana Tucker)

**TARGET AUDIENCE:** Addiction treatment, criminal justice, and mental health professionals.

In 1998 women comprised 22% (3.2 million) of the annual arrests in the U.S. The number of women in prison rose 88% between 1990 and 1998. The prevalence rate of substance use disorders is 29% among male detainees and 54% among female detainees. The prevalence of major depressive disorder among female detainees entering jail is over 10%, or 3 times the rate for males entering jail. The facts are staggering: women are becoming more of a presence in the male-oriented criminal justice system and more of these women have behavioral health problems than their male counterparts. So what is working to help these women in our communities- both within the criminal justice system and in the treatment community? What works and what does not?

This workshop will include an overview of current "best practices" for working with this population and a panel discussion and question and answer period with both treatment providers and women who are living sober, crime-free lives.

*Participants will be able to: 1) identify effective approaches to engaging and treating women in the criminal justice system; 2) determine who in their community needs to be a part of a multidisciplinary team to treat these women; and 3) hear from treatment providers and women who have "been there" about what is working in their lives.*

☐ P ☐ I ☐ T

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# W Workshops

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## W-17 Suicide Risk Management For Jails



Connie P. Milligan /Ray J Sabbatine

**TARGET AUDIENCE:** All Welcome

As funding for mental health services and hospitalization decreases, jails have become increasingly beleaguered by the increased percentage of high-risk inmates who have mental illness and substance abuse problems. In Kentucky, media attention about the disproportionately high rate of suicide and in-custody deaths in jails prompted the legislature to mandate mental health training for all jail personnel. Jailers indicated they wanted more than training. In response, an innovative suicide and mental health/substance abuse risk management program was developed and implemented in KY jails. This workshop will provide an overview of its services. Discussion will focus on the needs of this underserved and high-risk dual diagnosed population and potential service delivery options.

*Participants will:* 1) review a statewide network of suicide prevention and mental health services for jails; 2) review a state-of-the-art telephonic triage for jails to assess inmate risk that is trituated to jail management protocols; 3) discuss a statewide structure for providing jail suicide/mental health training and face-to-face services for at-risk inmates; and 4) discuss the need for new services for this at-risk, often dually diagnosed population.

## W-18 The Evolution of Madness



Michael Johnson

**TARGET AUDIENCE:** All Welcome

This training addresses the evolution of addictions and criminality over a 60-year period. Emphasis is placed on the deterioration of moral/values within the individual, the family system and the community in context to how our clients present themselves in therapeutic settings. It will also provide practitioners with insights into the client's motivation for treatment, their resistance and perception of the world.

The trainer will: 1) assist counselors with assessment & treatment planning based on values that they may present; 2) provide counselors with an improved understanding of the reason for resistance seen in clients based on values & belief system; 3) assist counselors in understanding the "shortcomings" within their therapeutic approach and theory and be able to make adjustments accordingly; and 4) explain the development & progression of addiction and criminality & how it has been "normalized" within some of our client population

## W-19 Changing the Culture of the Front Door: How to Retain Clients Beyond Intake



Robert Walker

**TARGET AUDIENCE:** This workshop is designed for all levels of counselors, program directors, and administrators

This workshop will describe changes in the processes used to draw clients into treatment and to satisfy data collection requirements without sacrificing "the human touch". The program will include administrative as well as clinical recommendations.

*Participants will learn to:* 1) increase awareness of the unintended effects of current practices within take and admission procedures in substance abuse treatment settings; 2) open discussion about the need for change in the "feel" of entry into treatment; 3) explore how treatment philosophy may be directing intake and admission and the unintended effects of this process. 4) expand the menu of approaches that can be used to engage clients during intake and to make intake a more accepting process; and 5) explore the ethical dimensions of "checklist" assessment and treatment approaches and how they can be improved.



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# W Workshops

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## W-20 Hidden From View: Eating Disorders and Substance Abuse

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**Lena Sheffield**

**TARGET AUDIENCE:** Prior knowledge of addiction theory, disease model, 12 step programs, detoxification and withdrawal symptoms.

This workshop will assist mental health counselors, social workers, nurses, physicians and addiction specialists in understanding and treating the complex issues surrounding the development of eating disorders and body image disturbance. The link between eating disorders and addictions will also be examined. Substance abuse clients with eating disorders/body image disturbances often initiate their substance use as a means to manage their weight. Statistics indicate that 72% of alcoholic women younger than 30 also have an eating disorder. Drug treatment often involves adapting healthier nutrition and activity levels, which may create even greater conflict with the eating disorder pattern and result in lack of compliance, relapse, serious medical complications and even death. The professional treatment team can best ensure an effective course of treatment combining the evaluation, intervention, therapeutic environment, multidisciplinary team approach and continuum of care from both fields. This can enhance the recovery process for those clients with both eating disorders and chemical dependency issues.

*Participants will be able to: 1) list three ways the media and the internet negatively impacts eating disorder and substance abuse recovery; 2) list three changes in our society which are associated with the increase in eating disorders and obesity in the last 20 years; 3) describe two ways eating disorders can develop into substance abuse.*

## W-21 Preparing for the Oral Review Board: Twelve Core Functions Global Criteria Format

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**Todd Trumbore**

**TARGET AUDIENCE:** Participants who are needing an overview of the Twelve Core Functions/Global Criteria and those preparing to sit for the CADC Oral Exam within 1 to 1 1/2 years.

*This workshop will provide participants with a thorough understanding of the Core Functions and related Global Criteria. Participants will be given the opportunity to incorporate their direct clinical experience into the format necessary for demonstration of competence. The workshop will clarify the core functions that are sometimes condensed or not conducted at their agency. This will be of particular importance for persons working in a setting that does not deliver a full array of chemical dependency services. Participants will be given the opportunity to practice their understanding of the oral review process.*

*Participants will be able to: 1) identify and describe the 12 Core Functions and Global Criteria; 2) incorporate their chemical dependency clinical experience into the 12 Core Functions format necessary for demonstration of competence; and 3) discuss and clarify expectations.*

## W-22 Opiate Addiction Treatment Fact or Fiction

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**Jim Baum**

**TARGET AUDIENCE:** Physicians, Nurses, Support Staff and Persons Working, in Methadone Maintenance Treatment

This workshop WILL INFORM, educate and actively discuss the unique characteristics of treating opiate addicts. It will inform participants of regulatory REQUIREMENTS, additional barriers and alternative modalities necessary to address the special needs of this population. Also to clarify some of the myths and misconceptions associated with narcotic agonist treatment.

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# W-F Workshop

(Wednesday-Friday)

3 day, 13 hour skill-building workshop. Limited space is available.

## W-F1 Essentials of Clinical Supervision

Jane Campbell



**TARGET AUDIENCE:** Counselors who are doing clinical supervision now or plan to do so in the future.

This workshop will focus on the essentials of the practice of clinical supervision. The target audience is counselors. Who are currently providing clinical supervision or plan to be doing so in the near future.

The goal of the workshop is to introduce participants to the nature of clinical supervision, ethical legal and multicultural issues, fundamental skills such as selecting a model, goal setting, planning, administrative tasks, documentation, and the use of methods and techniques. Special attention will be given to intervention strategies required to build the supervisory relationship such as how to offer support, challenge and give corrective feedback, select a personal style and resolve difficulties.

*Participants should be aware that this workshop will be heavily weighted toward practical application and participants should be ready and willing to participate in self-exploration exercises, group discussions, demonstrations and role-playing.*

## W-F2 The Evidence Based Treatment of Addictive Disorders

Cardwell C. Nuckols, Ph.D., LLC



**TARGET AUDIENCE:** All Welcome.

The field of Addictive Disorders is robust with new data and research that needs to be translated into useful information for the benefit of the front-line clinician. The ultimate goal of this translation is to empower the clinician with the best information and technique available. This skills training event will give clinicians the latest research on dependence, tolerance, acute abstinence syndromes, aspects of recovery and available treatments both psychosocial and pharmacological. Participants can expect to learn how this research translates into actual work with clients. Case vignettes will be utilized to demonstrate application of clinical technique.

*Participants will; 1) discuss newer research findings as it relates to Addictive Disorder recovery and relapse; 2) list at least two psychosocial techniques useful for each of the following: treating Acute Abstinence Syndromes, management of cravings, recovery planning, motivating clients for change, anger and other early recovery relapse issues; 3) list at least two medications that are proven effective for the following: management of the Acute Abstinence Syndrome for each classification of Addictive Substance; management of craving; and management of anger and other relapse issues.*



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# Thursday/Friday (B) Workshops



***“Rising Above for a Clearer Vision”***

# B Workshops

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

## B-1 Working With the Homeless: Best Practices and Strategies



*Ed Tedder/James Hunter*

**TARGET AUDIENCE:** Any staff working with clients in treatment, however; its main focus is on staff working in residential treatment programs of 30 days or more, preferably for those in long-term residential and /or transitional treatment programs.

This workshop will focus on meeting the challenges that come with working with the chemically dependent client who is typically homeless, jobless, and feeling there is no hope for recovery. It will explore what are the best practices, strategies and resources that can be utilized to help keep these individuals in treatment long enough to gain what is needed to overcome those barriers and increase their chances for sustained life-long abstinence. The workshop will be interactive and pragmatic in its approach, helping staff to recognize the varied barriers that these individuals must overcome; thus helping staff to develop effective practices and strategies that will improve overall quality of treatment

*Participants will:* 1) identify specific barriers that discourage clients and cause them to give up on treatment; 2) identify missing services and engage in services that will improve overall quality of treatment; 3) become familiar with common decision traps that both clients and staff encounter, and how to avoid them; and 4) gain insight into what works best in long-term treatment programs.

## B-2 Group Counseling — Advanced



*James Thompson, Ph.D.*

**TARGET AUDIENCE:** Experienced counselors who have had training, supervision, and experience in leading groups in areas such as education and prevention, inpatient, outpatient, after-care or DUI programs.

This workshop will help participants improve their skills and knowledge in creating and maintaining groups, building a cohesive and effective interpersonal group culture, and establish therapeutic group norms conducive to changes that substance abusers and others may want to make in their lives. Recognizing, learning, and experiencing appropriate intervention strategies in dealing with motivational difficulties, lack of progress and realistic goals, sub grouping, conflicts, other interpersonal problems, and participation concerns will be highly emphasized. Through didactic and experiential activities, participants will learn ways to enhance the more advanced group processes and factors that contribute to a productive middle or intimacy phase of group leading up to a successful termination phase. Participants will find ways to use their strengths and competencies to increase their personal confidence, group knowledge, and skills to lead groups capable of solving the more difficult problems presented by group members.

*Participants will be able to:* 1) recognize and enhance the advanced therapeutic factors needed in changing difficult behaviors; 2) experience the use of the more powerful group processes necessary in working with disruptions and resistances; 3) support interpersonal interactions that identify conflicts, hidden agendas, and solutions to relationship problems; 4) change one's leadership style to take more risks in using oneself therapeutically; and 5) find ways to continue the personal and professional growth that contribute significantly to successful group leadership.



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# B Workshops

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

## B-3 You Can't Push A Rope: Basic Chemical Dependency Counseling Skills

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Pat Whelan

**TARGET AUDIENCE:** Any counselors, working directly with chemically dependent adults and or adolescents. Two years or less experience.

This workshop is intended solely for those in the field two years or less. It will provide a base of information and a framework from which to view the client differently. It will emphasize beliefs more than techniques, but it will also demonstrate skills and set aside time to practice. The workshop will help build a solid foundation that is critical not only for being effective, but equally necessary for enduring wellness and avoiding burn-out. If you are looking to increase your confidence, this workshop will be a very good fit.

Participants will be able to: 1) translate INFORMATION INTO skills; 2) learn two new ways to approach denial/resistance; 3) LEARN how to avoid power battles; 4) experience the value of increased confidence.

## B-4 Group Counseling-Advanced

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Bob Davis

**TARGET AUDIENCE:** Two (2) years experience in advanced group.

This workshop is designed to meet the needs for a balanced approach to training group counselors. The Theoretical material is concerned with group norms, goals, the issues of process and content, and the stages of group growth.

Didactic material and structured exercises are combined to: 1) help the counselor learn to anticipate important issues that might arise in-group; 2) promote personal growth and teach exercises that can be used in groups at trainees work setting.

## B-5 Substance Abuse/ Dual Diagnosis Treatment with Rural Women

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LeAnn Miller

**TARGET AUDIENCE:** Therapist and case managers working in a rural area with a minimum of one year's experience.

This workshop will provide participants with information helpful in identifying the barriers to treatment for women in rural areas and begin to develop resources to reduce those barriers. Participants will also work on adopting the SBORT manual provided by the University of Kentucky Substance Abuse Division.

Participants will: 1) utilize case management as a drawing tool to help establish a working relationship with the client and improve the length or stay for female clients in treatment; 2) learn how to deal with women in a small rural area where people are well associated with each other; 3) utilize written contracts to assist in teaching the borderline personality female boundaries; 4) place clients in intensive outpatient therapy while awaiting a bed for inpatient treatment; and 5) use incentives to keep pregnant females in treatment.

## B-6 Understanding the 12-Steps of Recovery

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Mac Bell/Dave Matthews

**TARGET AUDIENCE:** Any individuals wanting to gain a professional or personal understanding of the 12-Step recovery process. This would include counselors, technicians, and nurses, as well as administrators and anyone else interested in the 12 Steps.

This class will allow people to understand the 12-Steps as they are written and how to use them in the treatment process. This class is somewhat experiential and will allow some open-discussion to enhance the opportunity for learning.

Participants will be able to: 1) gain a basic understanding of the 12-Step Process; 2) learn the value of each step and how to integrate into the therapeutic process; 3) learn how to motivate clients through the Steps; 4) experience the value of the 12-Steps in our individual lives; and 5) have some fun and maybe enhance our daily lives.

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# B Workshops

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## B-7 Preparing For Prevention: A Training for Trainers

Michelyn Bhandari

P I

**TARGET AUDIENCE:** Participants should have at least one year of experience in ATOD Prevention

Preparing for Prevention is a readily accessible, user-friendly training tool that can be used to provide prevention training to new prevention specialists and other partners in prevention whose job descriptions or volunteer activities reflect a need for an expanded understanding of ATOD prevention. This workshop will provide an overview of the curriculum and prepare individuals to implement Preparing for prevention.

*After completion of this workshop participants will be able to: 1) understand the intended target audience; 2) facilitate activities and discussion of the relevant in each of the modules, and 3) foster an understanding of ATOD prevention in her/his local community.*

## B-8 Grief, Loss & The Recovery Process

Nancy M. Moeller

T

**TARGET AUDIENCE:** Professional counselors working with addicted individuals and/or their families and counselors interested in learning more about the nature of grief.

Fundamental to the journey of recovery is grieving the loss of the relationship with alcohol and/or drugs. The journey is further complicated when a recovering individual experiences a loss due to death. Counselors in the field of addictions and recovery need to familiarize themselves with the process of loss and understand the basic tenets of grief work. As an addicted individual moves into recovery, he/she faces a series of transitional issues. This movement is fraught with the elements of grief. We will examine the nature of this transition, the nature of grief, and what it takes to move from grief work to growth work.

*Participants will be able to: 1) identify aspects that are specific to the change model; 2) describe the process of grief; 3) list the four elements of transition; and 4) describe strategies to facilitate movement toward healing. Our goal will be to understand grief and how to deal with it in the therapeutic environment.*

## B-9 Reviving The Human Spirit, A Faith Initiative

Vicki O. Culler/Cameron Foster/Linda Verst

P I T

**TARGET AUDIENCE:** Appropriate for anyone interested in supporting faith community involvement in substance abuse prevention intervention and recovery support.

*Upon completion of this course participants will be able to: 1) describe the role of the faith community in addressing A.T.O.D. issues; 2) describe two methods to engage and equip congregations to be effective contributors to A.T.O.D. prevention, intervention and recovery support; and 3) identify resources to support faith community prevention efforts.*

## B-10 Treatment of The Chemically Dependent Perpetrator

Rebecca Dail, /Mindy Warren/ Matt Veroff

T

**TARGET AUDIENCE:** Counselors and therapists who have a core understanding of the dynamics of domestic violence and some exposure to working with perpetrators. Participants should be prepared for a highly interactive workshop.

Spouse abuse perpetrators who are chemically dependent are increasingly being identified and involved in treatment. This workshop will provide participants an opportunity to explore the dynamics and treatment issues of this population. It will begin with a strong focus on personal beliefs before moving into varied role-plays.

*Participants will be able to: 1) identify the similarity in dynamics of addiction and abusive behavior; 2) identify the impact of belief on effective treatment; and 3) identify at least 2 different treatment strategies.*

P I T

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# B Workshops

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## B-11 The Social Norms Approach: A Science Based Model For Health Promotion

PIT

**Michael Haines/Richard Rice**

**TARGET AUDIENCE:** The Social Norms Approach has proven successful with college audiences, high school students, and community-based efforts addressing alcohol, tobacco, seat belt use, DUI, tax compliance, dating violence, etc.

The Social Norms Approach is newest of the most talked about methods of health promotion today. When properly implemented, social norms are an evidence-based, data-driven process, and a very cost-effective method of achieving large-scale, positive results. This workshop is designed to provide an overview of key theoretical concepts, and to train practitioners to use this approach to promote health and wellness and prevent ATOD abuse. Emphasis will be placed on a detailed examination of the essential elements in each stage of the Five-Stage Model for Social Norms: Initial Planning, Data Collection, Strategy Development, Implementation, and Evaluation.

*Participants will be able to: 1) compare and contrast fundamental concepts of the social norms approach and those of other prevention models; 2) describe practical applications of "focus groups", "outcome evaluation", and "social marketing"; 3) reframe "scare tactics" and other "fear appeals" as health-positive norms and protective behaviors; 4) identify cost effective strategies to reach a target audience with credible health promotion messages; 5) describe a planning process to implement an effective social norms project.*

## B-12 GAME: How to Educate Children at Risk

PIT

**Eddie L. Woods, Ph.D.**

**TARGET AUDIENCE:** All Welcome

This workshop focuses on developing effective approaches to addressing the negative attitudes and behaviors that distract or limit the education of youth impacted by violence, family management issues, poverty, a lack of attachment to education and poor discipline. In addition, we examine strategies for creating a more conducive learning environment.

*Participants will: 1) learn how to assess the level of risk created by negative attitudes/behaviors; 2) learn how to create a functional agreement with the youth you are working with; 3) learn how to develop effective community/family coalitions to address the issues related to truancy and dropouts; and 4) learn how to evaluate the impact of your approach.*

## B-13 The Brain and Addiction: A Strange Synaptic Ride Through Time & Space

PIT

**Allan Barger**

**TARGET AUDIENCE:** All Welcome

The 20th Century was shaped by psychological and social views of behavior, including addiction. New research suggests that the 21st Century is likely to be dominated by more biological views of human behavior. So what is addiction? This course will examine that question in light of the growing body of research on the neurobiology and neurochemistry of addiction. Issues addressed will be "normal" brain function, our growing insights on the adolescent and adult brain, controversies over the disease concept of addiction and more.

*Participants will: 1) examine the historical definitions of addiction, how they have shaped practice and how they are changing; 2) gain a better understanding of how alcohol and drugs alter the brain via reward, stress, impulse, memory and structural change; 3) consider how the altered brain affects psychological and social functioning and vice versa, and; 4) explore as a group how these new findings might integrate into the practice of prevention, intervention and recovery.*

PIT

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# B Workshops

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available.  
Please list 1st, 2nd, or 3rd choices.

## B-14 Ethics for Counselors



**Carmella P. Yates, Ph.D./Jennifer Stamper**

**TARGET AUDIENCE:** Substance Abuse counselors, supervisors, and administrators.

This workshop will assist counselors in identifying ethical dilemmas, which arise in the treatment process and how to resolve them in a productive manner. An exploration of some theoretical dilemmas in substance abuse treatment will be accomplished through case reviews. Participants are encouraged to bring examples from professional experience to add to the discussion of topics such as dual relationships, confidentiality, and competence.

*By participating in this workshop counselors will: 1) review ethical standards; 2) identify common ethical errors made by substance abuse counselors; and 3) enhance their ability to implement ethical decision making.*

## B-15 Intensive Outpatient Treatment Of Substance Abuse



**Paul Nagy**

**TARGET AUDIENCE:** Addiction treatment professionals.

In this age of major health care change, addiction treatment professionals are challenged to find ways to treat increasingly complex alcohol and drug use disorders with a greater emphasis on evidence-based outcomes and cost effectiveness. One successful response in this challenge has been the development of intermediate level of care services, known as intensive outpatient treatment (IOT). This workshop will focus on the intensive outpatient model with a description of the IOT level of care and its role within the treatment continuum, the elements of effective intensive outpatient treatment and the common clinical and administrative issues and strategies associated with this prominent level of care.

*Participants will be able to: 1) describe the intensive outpatient treatment level of care and its role within the substance abuse treatment continuum; 2) recognize the clinical indicators for determining placement in intensive outpatient substance abuse treatment; 3) describe the elements of an effective outpatient program; and 4) discuss the common clinical and administrative issues and challenges associated with this level of care and review strategic responses to these challenges.*

## B-16 Acquiring Funding/ Financial Resources for Your Community



**Stan Hankins**

**TARGET AUDIENCE:** All Welcome.

This course will provide a general overview of the methods used by volunteer and non-profit organizations to acquire funding and resources, especially to address substance abuse and related issues. Topics covered include proposal writing, fund development planning, fundraising techniques, in-kind resources, and the concept of social entrepreneurship. Common pitfalls and weaknesses that hinder resource acquisition will also be addressed. Writing exercises and other "hands-on" activities will be incorporated.

*Participants will gain: 1) an increased understanding of grant writing style and the components of a grant proposal; 2) understanding of formal fund development planning; 3) knowledge about fund development practices; and 4) an increased ability to take creative approaches toward fund/resource acquisition.*

## B-17 HIV/AIDS And Ethics



**Michael McLemore**

**TARGET AUDIENCE:** Counselors, Social Workers, Case Managers, and Outreach Workers.

Substance abuse professionals have difficulty with preparing clients for HIV testing decision. This workshop will deal with ethical concerns experienced in providing counseling to HIV and high risk clients and will present materials to prepare practitioners to provide services for HIV/AIDS patients in an ethical and professional manner.

*Participants will: 1) identify issues related to ethics, particularly with high-risk clients; 2) prepare counselors who work with HIV and high risk clients; 3) present issues related to ethics in practice; and 4) prepare practitioners to deal with legal and risk management issues surrounding ethics in the workplace.*



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# B Workshops

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

## B-18 Evidenced-Based Treatment For Adolescents With Substance Use Disorders: An Approach Combining Motivational Enhancement Therapy and Cognitive Behavioral Therapy

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*Susan Sampl, Ph.D.*

**TARGETAUDIENCE:** All Welcome.

Counselors and therapists treating adolescents with substance use disorders may be interested in learning this engaging and effective brief treatment model. Drawing from the presenter's experience in the Cannabis Youth Treatment (CYT) study, this workshop will provide a brief overview of the Cannabis Youth Study, as well as implications for clinical practice. Next participants will receive an in-depth review of one of the CYT tested therapies, MET/CBT-5. This review will include theory and rationale, MET and CBT strategies, and specific session procedures. A variety of teaching modalities will be used including lecture and discussion, participant practice exercises, and viewing videotaped examples. Course participants will receive copies of the MET/CBT-5 adolescent treatment manuals, as well as supplemental handouts.

*Participants will be able to: 1) be familiar with the Cannabis Youth Treatment study, and implications of its findings for clinical practice; 2) describe the principals and clinical strategies of motivational enhancement therapy (MET); 3) demonstrate awareness of specific session procedures for MET with adolescents; 4) demonstrate understanding of the rationale and procedures for implementing cognitive-behavioral therapy in treating adolescent substance abusers; 5) receive tips for procedures to ensure fidelity of MET/CBT implementation in practice, including supervision procedures.*

## B-19 Community Readiness: Assessment and Mobilization

P I

*Robert Foley/Martha Burnside*

**TARGETAUDIENCE:** Researchers, service providers, evaluators, organizations and boards, and community members.

This training will provide a strong foundation for any person interested in initiating positive community change in a systemic, structured and collaborative environment that can include law enforcement, social workers, clergy, health professionals, state employees, or any concerned community members. The workshop is intended to enhance understanding and cooperation between groups within a community, with a goal of providing those groups a common tool with which to seek and initiate positive community change. This workshop will acquaint participants with the model and will allow them the opportunity to discuss applying the model to their individual professional environments. Specifically, the workshop will cover the following points: history of the Community Readiness Model; dimensions of community readiness; stages of community readiness; conducting key respondent interviews; scoring the interviews; applications of the model, research, evaluation, and community development; case studies; exercises to enhance development of action plans; application issues for participants; and discussion.

*Participants will be able to: 1) LEARN concepts of readiness as it relates to collective individuals, organizations, and communities; 2) assess the readiness of communities to initiate prevention efforts; 3) increase awareness of community, cultural, and attitudinal barriers to effective prevention; 4) provide communities and prevention specialists with an effective tool to gather information, enhance community action, advance the state of knowledge on the issue, and develop prevention strategies; and 5) provide information that will assist participants in applying the program to their professional environments.*

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# B Workshops

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

## B-20 Burnout-Attributes of Effective Counselors



Michael Johnson

**TARGET AUDIENCE:** This training is designed for counseling staff, who are providing drug treatment services. This training will seek to assist in clarifying the attributes to improve the counselors functioning in a therapeutic setting. It will discuss the skills and insights necessary for effective counseling in a multi-cultural setting.

This training will discuss the frustrations that counselors experience in working with such a resistant population and the feelings that are evoked as a result. Emphasis will be placed on identifying the symptoms of burnout and its causes and further allow the counselor to explore his/her own experiences which is often the result of transference and counter-transference.

*Participants will be able to: 1) begin understanding their role within the therapeutic relationship; 2) discuss the characteristics of an effective counselor and the skills necessary to improve efficacy; 3) explain what makes an effective counselor and how to develop and maintain consistency within the counseling experience; 4) assess their skill levels and identify areas which they will need to develop in order to achieve improved therapeutic outcomes; and 5) explain how the client/offender views treatment, their motivation for same and how the treatment team is viewed.*

## B-21 Brief Therapy With Substance Abuse



Kevin Pangburn

**TARGET AUDIENCE:** Seasoned counselors or those new to the field may benefit from this training. Brief therapy works well with adolescents and adults.

Many clients suffering from the disease of addiction arrive in treatment in a confused and some times hopeless state. Clients also have strengths and resources within themselves and their social system to assist in the recovery process.

*Participants will be able to: 1) separate strengths from deficits; 2) understand the basics of solution focused therapy as it applies to addiction; AND 3) DEVELOP a language and attitude focusing on solutions*

## B-22 Dialectical Behavior Therapy



Martha Wetter, Ph. D.

**TARGET AUDIENCE:** psychologists, Social Workers, Professional Counselors, Art Therapists, and other mental health professionals working with borderline personality disordered clients.

This workshop will present the structured program developed by Marsha Linehan to treat borderline personality disorder. The theory underlying this approach, as well as treatment targets and strategies, and skills taught to clients will be covered. The challenges of establishing a Dialectical Behavior Therapy Program will be discussed.

*Participants will understand: 1) the biosocial theory underlying development of DBT; 2) the major therapeutic goals and the hierarchy of treatment targets in DBT; 3) the uses of a dialectical approach; 4) the role of skills training for clients; 5) the importance of balancing acceptance and change strategies; and 6) the most effective techniques when substance abuse is a significant problem.*



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Richmond, KY 40475  
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Skokie, IL 60076  
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841 Corporate Drive, Suite #300  
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# 2004 Kentucky School of Alcohol and Other Drug Studies Faculty

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School of Medicine and Health Sciences  
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**CARMELLA YATES, Ph.D.**

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1589 Hill Rise Drive.  
Lexington, KY 40504  
(859) 977-2507



# Robert Straus Award Nominee Form

## 31st Kentucky School of Alcohol and Other Drug Studies

In recognition of Dr. Robert Straus for his career-long commitment to the study of alcoholism, his tenure with the Alcohol and Drug Task Force and his leadership in the substance abuse field in Kentucky, the Kentucky School of Alcohol and Other Drug Studies will present awards for outstanding contribution to substance abuse practice in Kentucky. Nominations will be accepted in the areas of: 1) Prevention; 2) Treatment; 3) Advocacy/Volunteer; and 4) Community Organization/Business.

Nominations may be made by completing this form. Nomination form(s) must be received in the Division of Substance Abuse no later than **June 20, 2004**. Awards will be presented at the Tuesday night Banquet on July 27, 2004.

---

Name of Nominee

---

Employer Address

City

State

Zip

---

Agency/Employer

Work Phone

Home Phone

---

Home Address

City

State

Zip

Category of Nomination: \_\_\_\_ 1) Prevention \_\_\_\_ 2) Treatment \_\_\_\_ 3) Advocacy/Volunteer  
\_\_\_\_ 4) Community Organization/Business

1. Professional training and/or other qualifications for the nominee:

*Continue on back*

2. A brief narrative of the person's history of practice:

3. A brief description of the nominee's primary accomplishments:

Nominated by: \_\_\_\_\_ Phone: \_\_\_\_\_

**Please mail by June 20, 2004 to:**

**KSAODS  
Division of Substance Abuse  
Eastern Kentucky University  
Perkins 202  
521 Lancaster Avenue  
Richmond, Kentucky 40475**

**Attention: Justina Keathley**

# Scholarship Information Form

## Scholarship Application Deadline June 20, 2004

This form must be filled out if applying for a Scholarship and sent with the Registration/Scholarship Form.  
Please note that scholarships are for Kentucky residents only. (Please attach additional page(s) if needed.)  
*Those receiving scholarships in past years are not eligible.*

1. Name \_\_\_\_\_ E-mail \_\_\_\_\_  
Agency \_\_\_\_\_ Phone # \_\_\_\_\_

2. Have you received a Scholarship before? \_\_\_\_\_ Yes \_\_\_\_\_ No  
If so, when? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. What is your experience and background? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. How will your attendance at the Kentucky School of Alcohol and Other Drug Studies benefit your community? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Why do you need financial assistance to attend to Kentucky School? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Agenda & Registration Options

8:45 - 10:00 a.m. Daily  
10:00 - 10:30 a.m.  
10:30 a.m. - 5:00 p.m. Daily  
12:15 - 1:30 p.m.

**PLENARY SESSION**  
**BREAK**  
**WORKSHOPS**  
**LUNCH BREAK**

See topics and speakers on pages 9 - 11  
See topics and speakers on pages 13 - 41

## Workshop Registration Options

### GENERAL WORKSHOPS

Attendance at school may be from 1 to 5 days, any combination of classes.  
Fees are \$375 for the week or \$75 per day

Category	Workshop Description	Days & Hours	Credit Hours*
<b>5-Day</b> <i>Comprehensive Workshops</i>	<b>One subject;</b> <b>23 hours required class time</b> see available <b>CW</b> subjects on page 13	Mon. - Thurs. 5 hrs. each Fri. 3 hrs.	23
<b>4-Day</b> <i>Comprehensive Workshops</i>	<b>One subject;</b> <b>18 hours required class time</b> see available <b>C</b> subjects on page 13	Mon. 5 hrs., Tues. 5 hrs., Thurs. 5 hrs., & Fri. 3 hrs. <i>Free choice on Wednesday</i>	18
<b>Two-Day Workshop</b> <i>Monday &amp; Tuesday</i>	<b>10 hrs req. class time on one subject</b> see available <b>A</b> subjects on pages 15-21	Monday 5 hours Tuesday 5 hours	10
<b>One-Day Workshop</b> <i>Wednesday</i>	<b>5 hrs req. class time on one subject</b> see available <b>W</b> subjects on pages 23-30	Wednesday 5 hours	5
<b>1 1/2-Day Workshop</b> <i>Thursday &amp; Friday</i>	<b>8 hrs req. class time on one subject</b> see available <b>B</b> subjects on pages 33-41	Thursday 5 hours Friday 3 hours	8
<b>3-Day Workshop</b> <i>Wednesday, Thursday &amp; Friday</i>	<b>13 hrs req. class time on subject</b> see available <b>W-F</b> subject on page 31	Wednesday 5 hours Thursday 5 hours Friday 5 hours	13

\* **PLEASE NOTE:** No partial credit will be given. Participants must attend entire workshop and sign ALL roster/sign-in sheets to receive any credit hours.

# 2004 Kentucky School of Alcohol and Other Drug Studies Registration Form

Please TYPE or PRINT LEGIBLY.

Submit application to: Justina Keathley, Division of Substance Abuse, KSAODS, Eastern Kentucky University, Perkins 202, 521 Lancaster Ave., Richmond, KY 40475.

(Please check one) ☐ **Regular Registration** ☐ **Scholarship Request**  
(Early Deadline July 7, 2004) (please include Scholarship Information Form)  
(Deadline June 20, 2004)

**Please list the address where you wish to have information sent.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone #: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Agency: \_\_\_\_\_

Work Phone: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

☐ I have special needs for learning aids and/or facility accessibility information. Please contact me at the phone number listed above.

Are you a CPP? ☐ Yes ☐ No Are you a CAD/CAC or CDC? ☐ Yes ☐ No # of years in field \_\_\_\_\_

## COURSE SELECTION

### MULTIPLE WORKSHOP OPTIONS

Enter Workshop Number & Letter  
by 1st, 2nd or 3rd choice

C - Workshops (Monday, Tuesday, Thursday & Friday)

18 hours 1st \_\_\_\_\_ 2nd \_\_\_\_\_ 3rd \_\_\_\_\_

**OR**

A - Workshops (Monday & Tuesday)

10 hours 1st \_\_\_\_\_ 2nd \_\_\_\_\_ 3rd \_\_\_\_\_

W - Workshops (Wednesday)

5 hours 1st \_\_\_\_\_ 2nd \_\_\_\_\_ 3rd \_\_\_\_\_

\*W-F Workshops (Wednesday-Friday)

13 hours 1st \_\_\_\_\_ 2nd \_\_\_\_\_

B - Workshops (Thursday & Friday)

8 hours 1st \_\_\_\_\_ 2nd \_\_\_\_\_ 3rd \_\_\_\_\_

\* W-F is a 3-day workshop; use this space to register for this workshop only.

**registration continued on next page**

# 2004 Kentucky School of Alcohol and Other Drug Studies Registration Form Continued

**NURSES ONLY:** Please Fill Out the following information License# \_\_\_\_\_ RN \_\_\_\_\_ LPN \_\_\_\_\_

**MEALS:** Due to space limitations at meal functions, reservations are necessary. Tickets for those meal functions checked will be in your registration packet. Please check if you plan to participate.

<b>Monday Picnic</b> (No Charge)    yes _____    no _____	<b>Tuesday Banquet</b> (\$15)    yes _____    no _____
<b>Friday Breakfast</b> (No Charge)    yes _____    no _____ Limited to 350 people due to space)	<b>DUI Banquet</b> (\$15)    yes _____    no _____
	<b>CADC Luncheon</b> (\$12)    yes _____    no _____

## PAYMENT INFORMATION

**\$375.00 All Week** (\$400.00 after July 7th); **\$75.00 Daily** (\$90.00 after July 7th)

### METHOD OF PAYMENT

☐ Personal Check Enclosed (Payable to KSAODS)  
☐ Agency Check Enclosed (Payable to KSAODS)  
☐ Bill Agency  
     Contact Person: \_\_\_\_\_  
     Phone # \_\_\_\_\_  
     Address \_\_\_\_\_  
     \_\_\_\_\_  
     (letter from supporting agency must accompany  
     registration for processing)  
☐ Pay at Registration

### FEES ENCLOSED

**Registration Fee** ..... \$ \_\_\_\_\_  
**Housing** ..... \$ \_\_\_\_\_  
**Banquet (\$15)** ..... \$ \_\_\_\_\_  
**CADC Luncheon (\$12)** ..... \$ \_\_\_\_\_  
**DUI Banquet (\$15)** ..... \$ \_\_\_\_\_  
**Total Remittance** ..... \$ \_\_\_\_\_

### Housing Information

Housing is the responsibility of the individual. Everyone utilizing on-campus housing must bring his/her own blanket, alarm clock, and phone, etc.. Check-in time is 1:00 p.m. Check-out time is 3:00 p.m. On-campus housing is handled on a first-come, first-serve basis.

The new **University Suites** facility is a suite style residence hall incorporating some apartment amenities within a common hallway with secure access. Each apartment in University Suites has two bathrooms, a kitchenette (sink and small refrigerator), unfurnished common area and furnished bedrooms. There are four-bedroom apartments in University Suites. A key card will be used instead of a key.

Must bring your own phone and tv-these are not provided by the college. A linen package is available including 2 sheets, 1 pillowcase, 2 towels and 1 washcloth. If you need additional linens please bring your own. Rooms are available for participants who are physically challenged.

There will be **no private rooms or rooms for partial week**. All housing requests should be for the full week.

( ) \$120 per person/4-person/per week (Sunday Check-in)

( ) \$100 per person/4-person/per week (Monday Check-in)

Roommate(s): \_\_\_\_\_  
(if you have no preference, one will be assigned.)

For Northern Kentucky hotel information contact this web site: <http://www.nkycvb.com/accom/index.html>



**Kentucky School of Alcohol and Other Drug Studies**  
**Kentucky Certification Board of Prevention Professionals**  
**Scholarship Application**  
**Deadline: June 7, 2004**

---

This form must be completed and returned by June 14 to: Peggie Chandler  
KCBPP  
P.O. Box 326  
Shelbyville, KY 40066-0326

The scholarship is for tuitions for the prevention track only. Applicants must work in Kentucky. Recipients are expected to attend the entire week. No partial scholarships will be awarded. (Attach additional pages if necessary.)

1. Name \_\_\_\_\_  
Title \_\_\_\_\_  
Place of Employment \_\_\_\_\_

2. Have you received a scholarship before?  
Yes \_\_\_\_ No \_\_\_\_ If so, when \_\_\_\_\_

3. What is your experience and background?

4. How will your attendance at the school benefit your community?


5. Why do you need financial assistance to attend the Kentucky School?

Please address any questions to Peggie Chandler at (502) 633-6631 or [kcbpp@ka.net](mailto:kcbpp@ka.net).






- Academic, Administrative and Multipurpose Buildings**
- E2 1 Albright Health Center (HC)
  - B4 2 Applied Science and Technology (ST)
  - D5 3 Baptist Student Union
  - C3 4 Business-Education-Psychology Center (BP)
  - E8 5 Ceramics and Sculpture (CS)
  - B2 6 Department of Public Safety (DPS)
  - D4 7 Fine Arts Center (FA), Greaves Concert Hall and Corbett Theatre
  - C6 8 Honors House (HR)
  - D5 9 Landrum Academic Center (LA)
  - D3 10 Lucas Administrative Center (AC)
  - A5 11 Mark R. Hermann Reception Center
  - E4 12 Old Science Building (OS)
  - D4 13 Nunn Hall - Salmon P. Chase College of Law (NH)
  - E2 14 Regents Hall (RH)
  - E5 15 Natural Science Center (SC)
  - D4 16 Steely Library (SL)
  - D3 17 University Center (UC), Otto M. Budig Theater
  - A2 18 House 5 (visiting lecturers)
  - A2 19 House 7 (visiting lecturers)
  - A2 20 House 245 - N. Ky. Traineeship Program for Special Ed.
  - A1 21 House 305 INROADS, Inc.
  - A1 22 House 307 - ROTC
  - A1 23 House 311 - Christian Student Fellowship
  - C1 24 House 412 - Upward Bound
  - C2 25 House 419 - Kentucky Cancer Program
  - C2 26 House 421 - Northern Kentucky Educators' Federal Credit Union
  - D1 27 House 504 - Northern Kentucky Cooperative for Educational Services
  - D1 28 House 506 - Perkins Grant Programs
  - E1 29 House 510 - Center for Applied Ecology
  - E1 30 House 512 - Catholic Newman Center
  - E1 31 House 514 - United Methodist Student Center
- Residential Village**
- F7 32 Commonwealth Hall
  - E7 33 Kentucky Hall
  - E6 34 Norse Commons (NC)
  - E7 35 Norse Hall
  - F8 36 Woodcrest Apartments
  - E8 37 University Suites (US)

 **Visit NKU's Welcome Center**, a place full of helpful people and great ideas for things to see and do on campus.

**Parking:** Most of NKU's parking lots require a parking permit. They are designated faculty/self, student, visitor or "open," meaning anyone can park with a permit. Visitors are encouraged to park in Lot V or Lot W. Visit the Department of Public Safety (DPS) or the Information Booth for a free courtesy permit. Parking is free to visitors except in designated areas like the parking garage on University Drive, which has a \$1 fee and also requires a courtesy permit.

-  **Student Parking**
-  **Faculty/Staff Parking**
-  **Open Parking**
-  **Emergency Phones**
-  **Automated Teller Machines**

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